



ALBERNI CLAYOQUOT
HEALTH NETWORK



MOUNT WADDINGTON
HEALTH NETWORK



OCEANSIDE
HEALTH & WELLNESS NETWORK



COMMUNITY HEALTH NETWORKS

We bring partners in health & wellness together.



STRATHCONA
COMMUNITY
HEALTH NETWORK



COMOX VALLEY
COMMUNITY
HEALTH
NETWORK



THE EVOLVING ROLE OF MUNICIPALITIES IN COMMUNITY HEALTH

Agenda:

- Community Health networks on Vancouver Island
 - Shared frameworks
 - Mechanisms for systems change
- The role of local government
- Case Studies
 - Alberni Clayoquot
 - Mount Waddington
 - Cowichan
 - Capital Region
- Open Space discussion
 - How did you do that?
 - Deeper dive into topics of interest

VANCOUVER ISLAND COMMUNITY HEALTH NETWORKS

CHN Snapshot

CHNs are multi-stakeholder, geographically based groups which include:

- First Nations, local governments, educational institutions, provincial ministries, non-profit organizations, business sector representatives, and interested citizens.

While each CHN has distinct priorities based on local issues, all CHNs:

- **Take action** on shared social determinants of health priorities. These are distinct from the delivery of health services.
- **Foster positive community partnerships** on shared health priorities. From the community to leadership to align with Island Health's Community Health and Care model.
- **Facilitate linkages** between health topics and community planning.
- CHN activities **contribute to** the Island Health report to the Ministry of Health for the Healthy Families BC Policy Framework and other community evaluations.

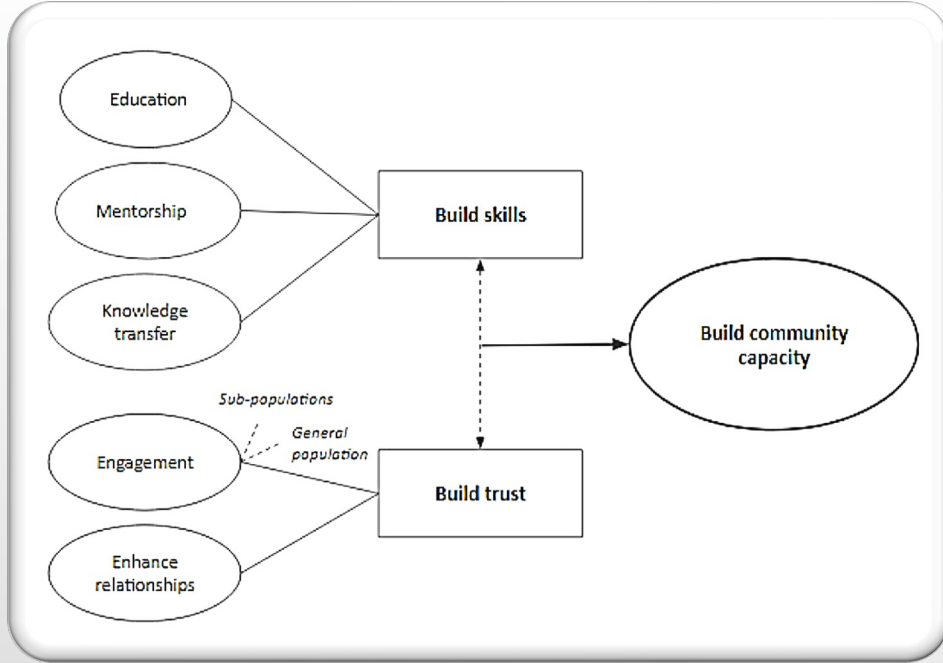
COMMUNITY HEALTH NETWORK FRAMEWORKS

COLLECTIVE IMPACT

Components for Success	Phase I Generate Ideas and Dialogue	Phase II Initiate Action	Phase III Organize for Impact	Phase IV Sustain Action and Impact
Governance and Infrastructure	Convene community stakeholders	Identify champions and form cross-sector group	Create infrastructure (backbone and processes)	Facilitate and refine
Strategic Planning	Hold dialogue about issue, community context, and available resources	Map the landscape and use data to make case	Create common agenda (common goals and strategy)	Support implementation (alignment to goal and strategies)
Community Involvement	Facilitate community outreach specific to goal	Facilitate community outreach	Engage community and build public will	Continue engagement and conduct advocacy
Evaluation And Improvement	Determine if there is consensus/urgency to move forward	Analyze baseline data to ID key issues and gaps	Establish shared metrics (indicators, measurement, and approach)	Collect, track, and report progress (process to learn and improve)

SOCIAL DETERMINANTS OF HEALTH





1. Surfacing the community's priorities through listening to different people, gathering local statistical data and highlighting the gaps, in coordination with other partners.

2. Looking for and materializing opportunities through planning, resources (funding & skill sets), and holding the moving parts in a "ready and waiting" mode for the right circumstance to act.

3. CHN coordinator and Tables of Partners (or Coordinating Circle) provide a "virtual library" of skills, expertise and lived experience to take action on SDOH and health behaviours.

4. Increasing partnership, collaboration, awareness, use of data, community engagement, agency, investment, media coverage, political will, trust.

5. Project management, coordinating ongoing activities & events, administrative responsibilities (reports, budgets, website), and completing tasks in between meetings (minutes, follow-through).

6. Creating new allies, navigating challenging relationships, listening to concerns, providing opportunities to meet, and enhancing inclusiveness and trust.

1. Community Priority

Identify & Quantify

2. Opportunity

Enact or seek out

3. Braintrust

Right set of skills

4. Aligning Efforts

Coordination & synergy

5. Administration

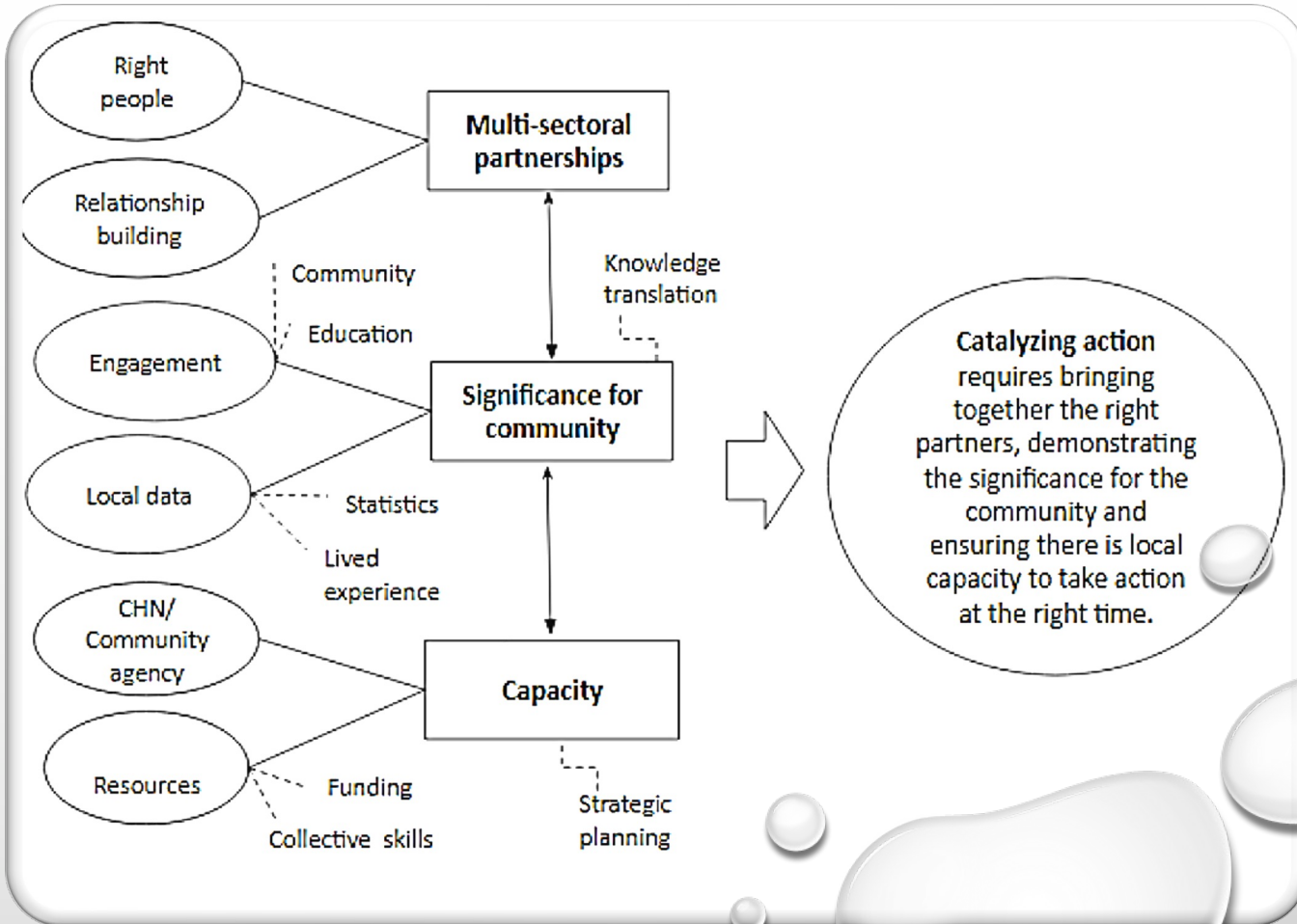
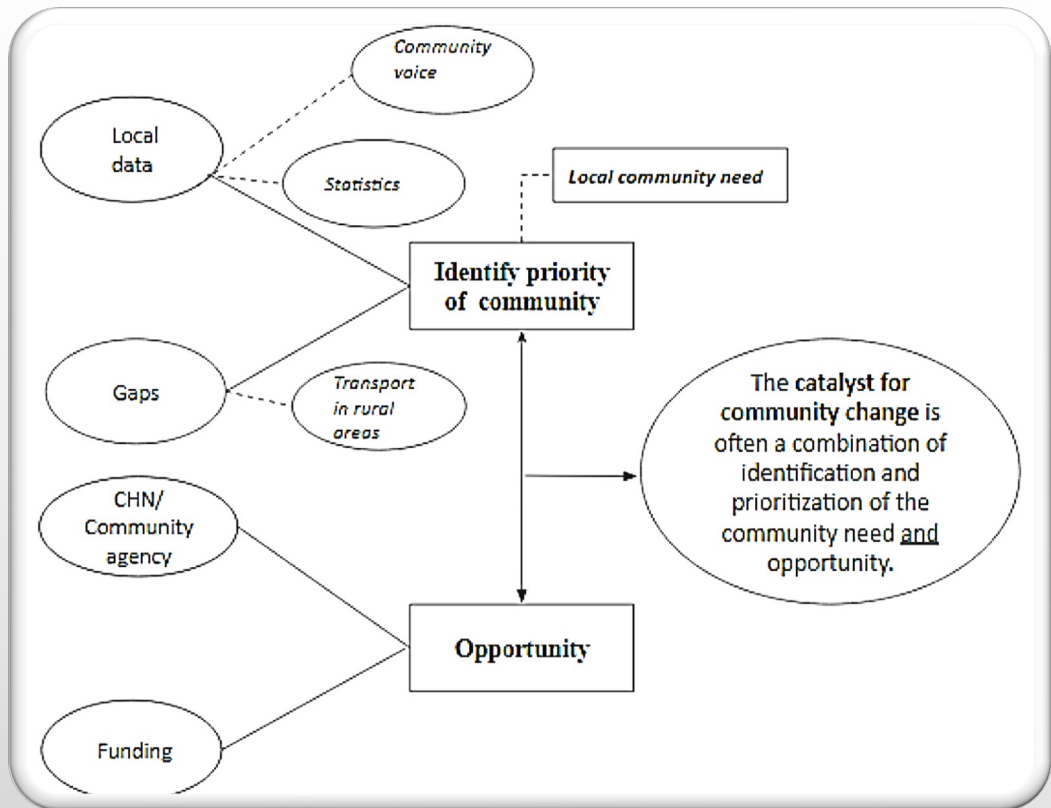
Clerical & coordination work

6. Relationships

Trusted & effective collaborations

There are six types of activities that local CHNs engaged in to increase community capacity to take action on social determinants of health or health behaviours.

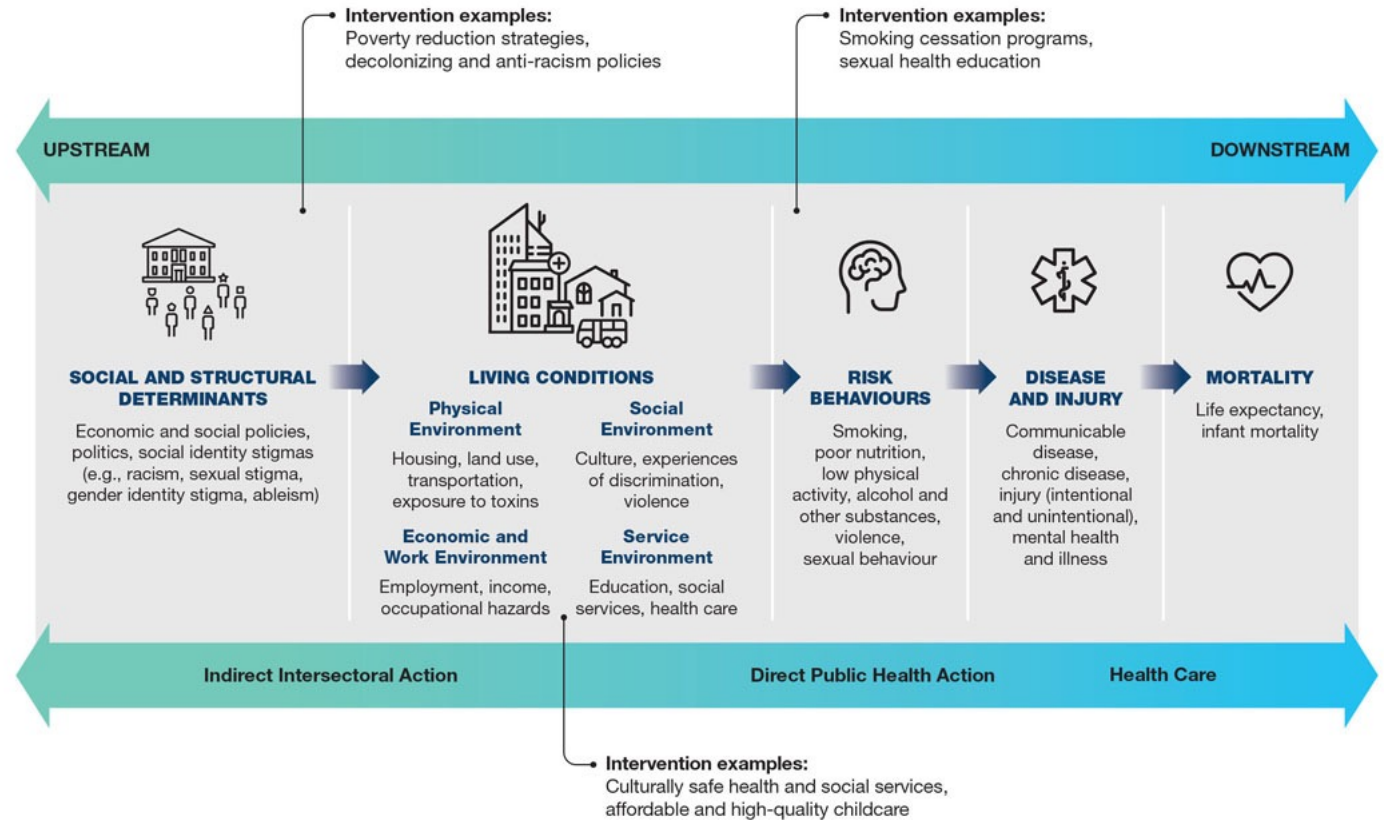
BUILDING CAPACITY FOR CHANGE THROUGH THE CHN MODEL



ENACTING CHANGE THROUGH THE CHN MODEL

ROLE OF LOCAL GOVERNMENT IN COMMUNITY HEALTH

- PARTNER IN LEADERSHIP TABLE
- PARTICIPANT IN PLANNING
- NETWORK ACTIVITIES AND OUTPUT SUPPORTS
- RESOURCES AND ADVOCACY FOR COMMUNITY PRIORITIES
- FISCAL HOST



ALBERNI CLAYOQUOT CASE STUDY

Priority

- Identify through data and stories
- Health Equity and Transportation

Relationships

- Outreach
- Bringing partners to the table

Opportunity

- Community Consultation
- Action Planning

Administration

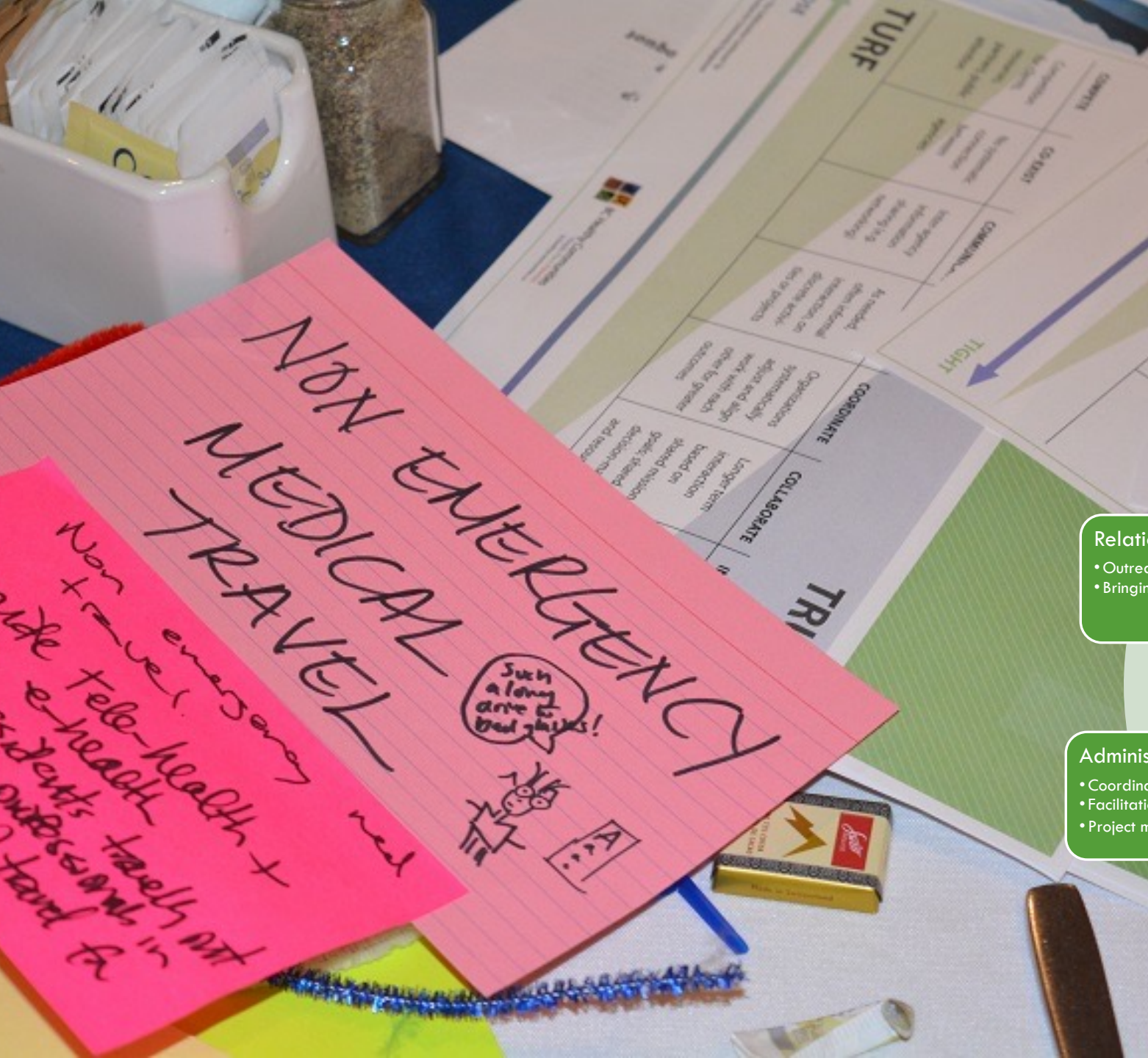
- Coordination of efforts
- Facilitation
- Project management

Brain Trust

- Network partners
- Working Group(s)
- Resourcing Opportunities

Aligning Efforts

- Communications tools
- Advocacy Tools
- Bringing partners in



A HOT TOPIC Survey

We invite you to participate in a survey about extreme heat.

We want to hear from people in the Capital Regional District (CRD) about their experiences with extreme heat. We want to understand what the health impacts are of these events for people who are particularly vulnerable to extreme heat.

THE SURVEY WILL BE AVAILABLE FROM MARCH -JUNE 2023



WHO

We want to hear from people who are particularly vulnerable to extreme heat based on:

- Demographics (e.g., pregnancy, older adults, people with disabilities)
- Work (e.g, outside workers)
- Living situation (e.g., isolated, high apartment tower)



CONTACT

- Survey will take 15-20 minutes
- You will be entered to win a \$50 gift certificate
- For questions or to participate in an interview:

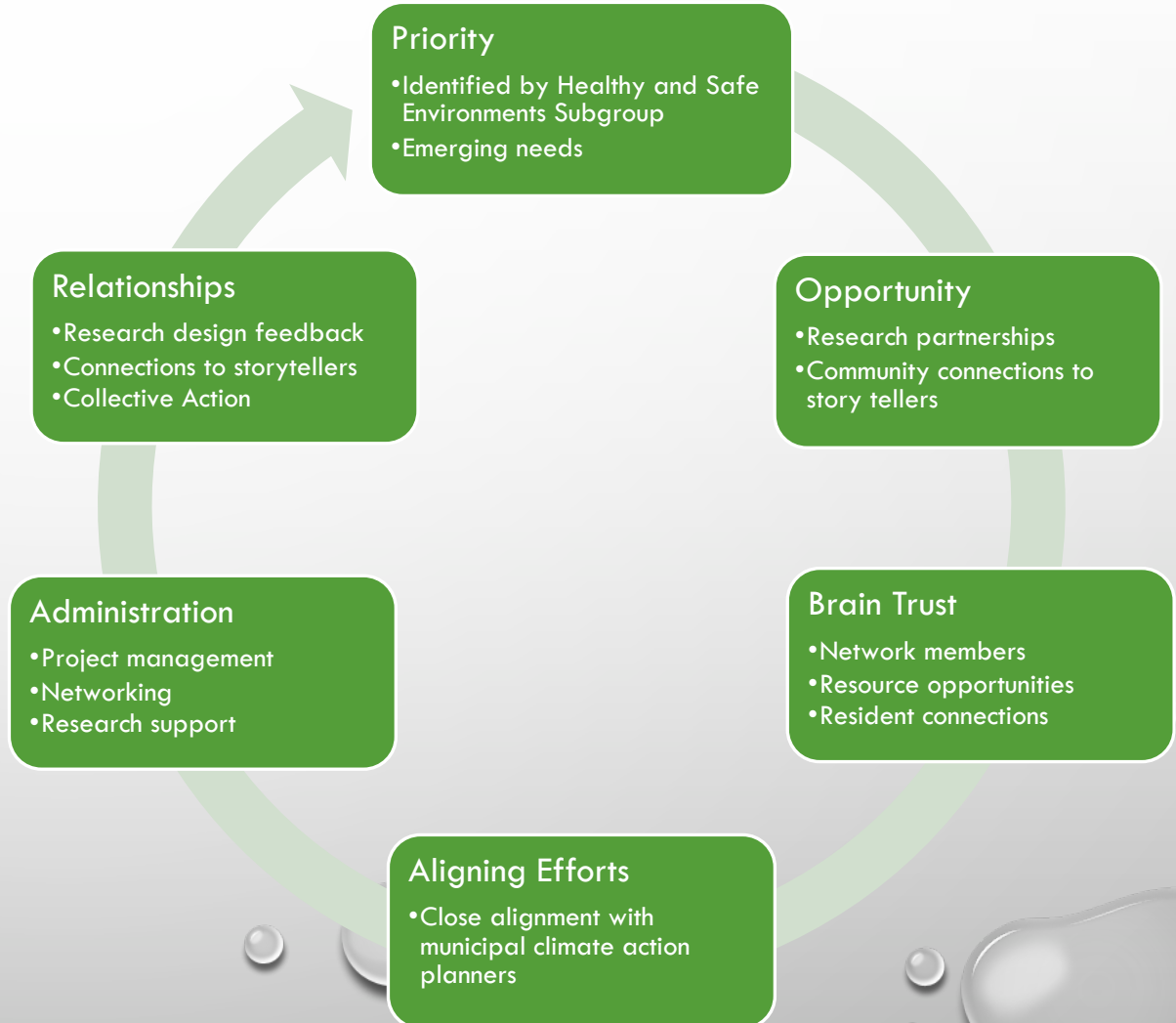
feelingtheheatresearch@gmail.com

Scan the QR code to be directed to the survey or use the URL below!



<https://redcap.link/ahottopiccrd>

CAPITAL REGION CASE STUDY



COWICHAN CASE STUDY

FROM THIS....



TO THIS...



Priority

- Identified through data, the CAT, peer led planning and pandemic

Relationships

- Trust and reliability in existing relationship
- Partners informed of all aspects of the work

Opportunity

- Being prepared with a Plan for Community Wellness
- Willing to take a risk with community partners

Administration

- Coordination of efforts by many, 2 local organizations with the support of dozens of community partners
- Oversight by community advisory team

Brain Trust

- Network Partners, CAT, Housing and Homelessness Coalition, peer network

Aligning Efforts

- Alignment with health, local government, community partners, First Nations and people with lived and living experience

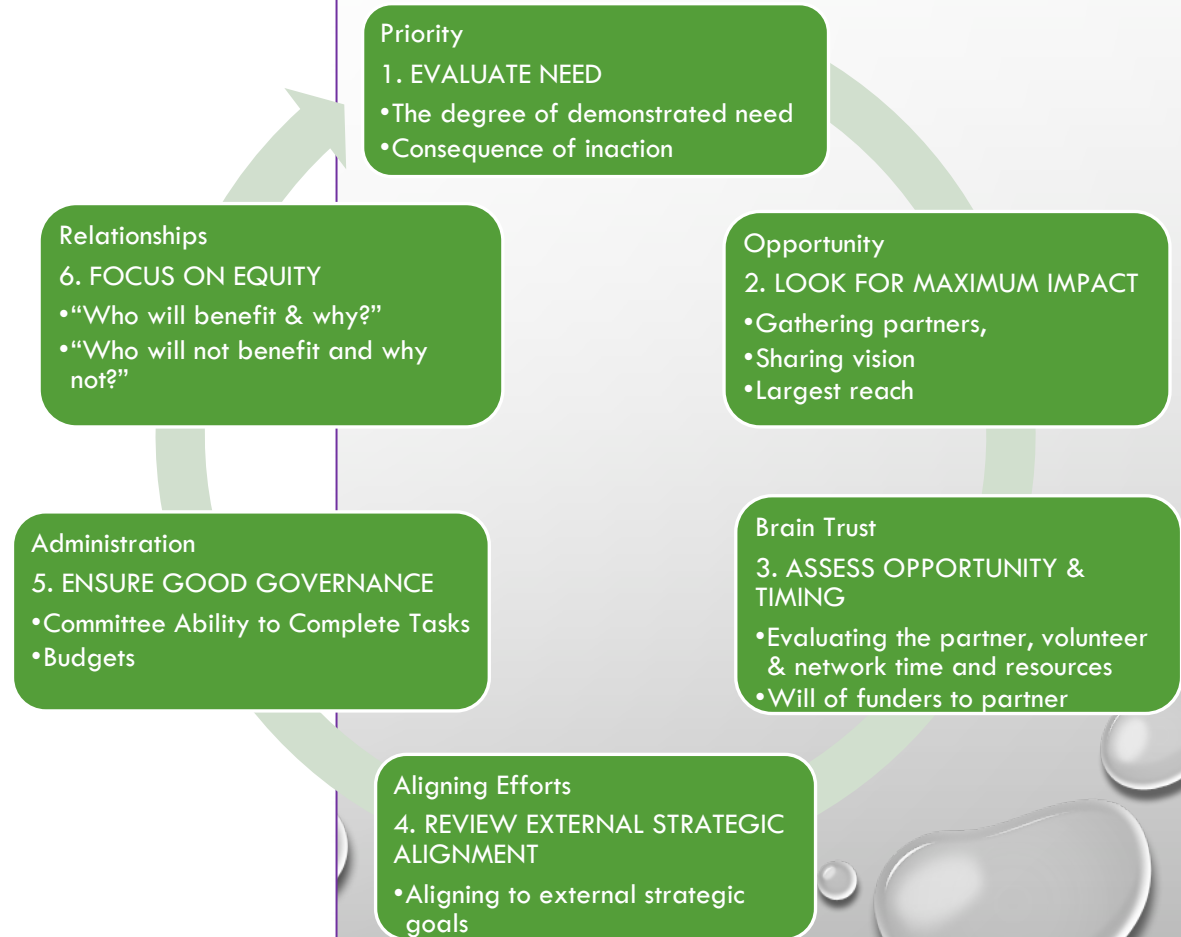
A CONCERTED EFFORT

Substance Use and Recovery Services Plan

Mount Waddington Regional District



MOUNT WADDINGTON CASE STUDY



Open Space

The Law of Two Feet



The Law of Mobility

If you find yourself where you are not contributing or learning, move somewhere where you can.

Roles in Open Space

Host – announces and convenes a conversation.

Participant – participates in a conversation.

Bumble bee – moves between conversations, cross-pollinating.

Butterfly – takes time out to reflect.

The Four Principles

1. Whoever comes is the right people.
2. Whatever happens is the only thing that could have happened.
3. Whenever it starts is the right time.
4. When it is over it is over.

EXPLORATION TIME

- WHAT ARE YOU CURIOUS ABOUT?
- WHAT WOULD YOU LIKE TO KNOW MORE ABOUT?
- WHERE CAN OUR COLLECTIVE EFFORTS BE CHANNLED TO INCREASE OUR COMMUNITY HEALTH AND WELLNESS?